The University of Utah Sleep Medicine Program provides a practical, diagnostic and treatment focused program that recognizes the connections between medical diagnosis and management of sleep apnea, dental sleep medicine, craniofacial pain and temporomandibular joint disorders (TMD). The Mini-Residency is divided into three sessions, each consisting of two-day lectures and workshops.

The University of Utah Dental Sleep Medicine Mini-Residency is for dentists who desire to help their own patients and others in their community suffering with untreated sleep apnea.

The Mini-Residency provides over 50 hours of continuing education credits; including lecture, hands-on workshops, and self-study consisting of extensive literature reviews and pre-course online content.

This comprehensive program consists of 3 two-day sessions and guided self-study:

- Session I: March 23-24, 2018
- Session II: June 29-30, 2018
- Session III: August 3-4, 2018

Time: All sessions are Friday and Saturday from 8:00 am – 5:00 pm

Credits: Over 50 units of continuing education credit

Tuition: $6,750 (includes all three sessions)

Mini-Residency will take place at:

- University of Utah
- School of Dentistry
- 530 South Wakara Way
- Salt Lake City, UT 84108

TO REGISTER

On-line: Register by linking to our website at https://tinyurl.com/h3zzwya or by using this QR code

By Mail: Complete and mail this form with payment and mail to:
Marjean Nielsen, School of Dentistry
530 South Wakara Way, Salt Lake City, UT 84108

Contact Information

NAME
STREET ADDRESS
CITY/STATE/ZIP
OFFICE PHONE
CELL PHONE
EMAIL

Payment Method  Payment must accompany registration.

☐ Check enclosed payable to UUSOD
☐ Credit Card

CARD TYPE
CARD NUMBER
EXPIRATION DATE  CVV

SIGNATURE

Questions
Please contact Marjean Nielsen at Marjean.nielsen@hsc.utah.edu or 801.585.1389

Suggested Hotels
Marriott University Park, 801-581-1000
Rates from $149.00
For discounted rate use the U of U booking code U2U
www.marriott.com/slcup

University of Utah Guest House, 801-587-1000
Rates from $140.00
Course Director
Jamison Spencer, DMD, MS, is director of the Center for Sleep Apnea and TMJ in Boise, Idaho, an accredited Dental Sleep Medicine center. He is a Diplomate of the American Board of Dental Sleep Medicine and adjunct faculty at the University of the Pacific and University of North Carolina at Chapel Hill; he completed a master’s degree in craniofacial pain from Tufts University. Dr. Spencer is an invited lecturer internationally and has given presentations at the American Dental Association, Hinman, Greater New York, California Dental Association, Tennessee Dental Association, and many other dental meetings, including the Utah Dental Association meeting. Dr. Spencer acts as a mentor to hundreds of dentists, helping them help their patients with sleep and TMJ problems.

Co-Directors
Cameron Kuehne, DMD, MS, received a master’s degree in craniofacial pain and dental sleep medicine from Tufts University and is an adjunct faculty member at Boise State University. He is a diplomate of the American Board of Craniofacial Pain, American Board of Dental Sleep Medicine, American Board of Craniofacial Dental Sleep Medicine, and a fellow of the American Academy of Craniofacial Pain.

Gary Lowder, DDS, received his dental degree from the University of Washington Dental School. He is an associate professor at the University of Utah School of Dentistry. He has 30 years of clinical experience in the diagnosis and treatment of TMD/TMJ. He also has clinical experience in obstructive sleep apnea therapy for patients who are diagnosed with mild to moderate sleep apnea or are CPAP (continuous positive airway pressure) intolerant. He currently sees patients from the University of Utah Sleep/Wake Center for sleep apnea related therapy, at the University of Utah School of Dentistry.

Guest Lecturers
Guest lecturers will consist of local and nationally recognized medical and dental specialists and experts in sleep medicine, dental sleep medicine and craniofacial/orofacial pain.

Learning Objectives
- Understand normal sleep and sleep disordered breathing
- Screen and refer patients for medical evaluation of sleep apnea
- Confidently manage patients with oral appliance therapy
- Understand how to work with the medical community in a multi-disciplinary model
- Understand normal TMJ function and dysfunction
- Avoid and manage side effects related to oral appliance therapy
- Recognize the intricacies of medical billing and working within the medical model

Successful completion of this course meets the continuing education requirement for the Qualified Dentist designation; a criteria from the clinical practice guideline for oral appliance therapy, developed and published jointly by the American Academy of Dental Sleep Medicine and the American Academy of Sleep Medicine.

REGISTER NOW: SPACE IS LIMITED
Registration is accepted on a first-come, first-served basis