Improving Health: Screening for Substance Abuse in Your Dental Practice

Circle the correct answers

1. Substance use occurs on a continuum ranging from safe use, to dependence, to addiction.
   a) True
   b) False

2. Addiction is a disease.
   a) True
   b) False

3. As a dentist you may be the first health professional to identify a drug issue.
   a) True
   b) False

4. Our culture is more sympathetic if we get in trouble with prescription drugs than if we get in trouble with heroin and cocaine.
   a) True
   b) False

5. Which of the following could contribute to a patient’s prescription opioid addiction?
   a) Past history of addiction
   b) Taking medication as prescribed
   c) Genetic vulnerability
   d) Both A and C

6. Which of the following results can occur by helping patients through a brief intervention?
   a) Patients become more aware of their substance use and the potential negative consequences i
   b) Patients become motivated to change their substance use
   c) Patients believe they can make the change
   d) All of the above

7. A brief intervention can be done in as little as 3-5 minutes.
   a) Yes
   b) No

8. Who on the dental team can provide a brief intervention?
   a) Dentist
   b) Dental hygienist
   c) Dental assistant
   d) All of the above

9. A brief intervention should be completed during the same appointment as the screening.
   a) Yes
   b) No

10. SBIRT is designed to:
    a) Reduce at-risk substance use
    b) Help those who are dependent get the treatment they need
    c) Mitigate the negative consequences associated with substance use
    d) All of the above

Please send completed form to Marjean Nielsen at marjean.nielsen@hsc.utah.edu.